

# CLINICAL MENTAL HEALTH COUNSELING MASTER OF ARTS



**IN PERSON OR HYBRID**

The Clinical Mental Health Counseling Program prepares candidates as qualified entry level counselors able to practice in a variety of contexts. These settings may include community agencies, residential settings, social service agencies, hospitals, religious organizations, and private practice. Candidates from the program exhibit high standards of professionalism while integrating theory, technique, and ethics into every aspect of their careers. The program requirements reflect current educational components of the Licensed Professional Counselor examination in the State of Illinois. The Clinical Mental Health Counseling degree also holds special and unique accreditation by the Council of Accreditation of Counseling and Related Education Programs (CACREP). The clinical mental health counseling program is designed to enable candidates to:

- Articulate and assume the professional and ethical role of a counselor.
- Discuss and demonstrate techniques of cross-cultural counseling and advocate on behalf of multicultural populations.
- Describe the role that human growth and development plays in counseling interventions and modify these interventions as appropriate.
- Explain theories of career development and implement career interventions.
- Define and utilize counseling skills and advanced counseling interventions.
- Articulate theories of group counseling and utilize leadership skills in facilitating various types of groups.
- Identify and utilize various types of counseling assessments.
- Describe and conduct methods of research and program evaluation.

## TARGET AUDIENCE:

Those seeking a career in counseling.

## ADMISSION REQUIREMENTS:

- Bachelor's degree in related field from a regionally-accredited institution.
- Graduate admission application including an objective statement.
- 12 prerequisite hours of Psychology or Sociology with a grade of C or better.
- Official transcripts from Bachelor's degree (& any prior Master's degree).
- Two letters of recommendation (preferably one from a college or university instructor) addressing academic proficiency, personal character, and competence and effectiveness in professional work.
- Written responses to admission committee's counseling-related questions.

## COST:

\$535 per credit hour; guaranteed for duration of program with continued enrollment

## REGISTRATION PROCEDURE:

Call the Graduate Information Office at (708) 957-5994.

## ACADEMIC CALENDAR:

Fall and spring semester

## DELIVERY MODE:

Cohort using face-to-face, hybrid and online courses.

## LOCATION(S) OF COURSES:

In-person and hybrid courses meet at University Center of Lake County

## TEXTBOOK PURCHASE:

Textbooks may be purchased online at <https://cuchicago.bnccollege.com>

## TRANSFER HOURS POLICY:

Up to 50% of the program - credits considered from last 8 years, with a letter grade of "B" or better and equal in content

## TOTAL HOURS NEEDED:

60 Semester hours

## FINANCIAL AID INFO:

Office of Student Financial Planning  
(708) 209-3113

## SPECIAL CHARACTERISTICS:

Current job placement rate is 95%

## CONTACT PERSON(S):

Holly Kains  
Phone: (708) 957-5994  
E-mail: [hkains@graduateprogram.org](mailto:hkains@graduateprogram.org)

## ADDRESS:

Concordia University Chicago  
7400 Augusta St.  
River Forest, IL 60305

## WEBSITE:

[www.graduateprogram.org/  
concordia-chicago/masters-  
programs/clinical-mental-health-  
counseling](http://www.graduateprogram.org/concordia-chicago/masters-programs/clinical-mental-health-counseling)

## REQUIRED COURSES:

CED 6000 Introduction to the Counseling Profession  
 CED 6010 Counseling Theory and Practice  
 CED 6015 Counseling Interventions and Techniques  
 CED 6020 Career Counseling and Education  
 CED 6035 Counseling and Human Development  
 CED 6045 Ethics, Law and Morality for Counselors  
 CED 6055 Multicultural Counseling  
 CED 6310 Clinical Mental Health  
 CED 6330 Transforming Crisis to Wellness  
 CED 6340 Clinical Group Counseling  
 CED 6350 Brief Therapy  
 CED 6420 Substance/Alcohol Abuse and Treatment  
 CED 6550 Family Systems Theory and Therapy  
 PSY 6025 Assessment Techniques  
 PSY 6030 Research in Psychology  
 PSY 6040 Applied Psychopathology and Diagnosis  
 CED 6930 Practicum in Clinical  
 CED 6935 Counseling Internship in Clinical Counseling

One elective